



Kendal Bowmen

Affiliated to Grand National Archery Society (GNAS) Trading as Archery GB

Archery Beginner's Course

Starting date and Time

Beginner's Courses are run throughout the year. Typically courses consist of six Monday evening sessions.

Our courses are very popular and often over-subscribed. To ensure quality of instruction numbers are limited and so we cannot accommodate new trainees on a course once it has started. However, we do run a priority waiting list system for those people who apply and we will fit you in a course to suit you as soon as we can.

The course consists of 6 lessons of 2 hours each. If it's necessary to cancel a lesson due to bad weather, or if you know in advance that you will miss a particular week (e.g. if you are on holiday), then it can be made up later. Please note though, we can only make up one missed lesson – so if you know you will have to miss more lessons then you will have to wait for a later course. If you are unable to attend a particular lesson please let us know beforehand. We cannot accept beginners in to the club unless they have attended all lessons.

Cost

The fee for the full course is £60 for adults and £30 for under 18's and we ask you to pay this at the start of the first lesson.

Juniors

Acceptance of each junior on the course is subject to approval of the coach. **Juniors must be accompanied by parents, or parentally approved guardians at all times when at the archery club.**

Equipment

We provide all the equipment for the course. Please, **do not buy any equipment** yourselves. If you join the club after the course we can offer advice to help you purchase your own equipment.

Clothing

You should wear comfortable but close fitting clothing. If it's cold weather better to wear several thin layers rather than one bulky one. In particular it's important that you don't wear jumpers or jackets with baggy sleeves as bow strings tend to catch on them and spoil your shot! For the same reason and for personal safety you should remove any jewellery or personal body piercing that might be caught by the bowstring. Long hair should also be tied back.

Location

Our Outdoor Venue is Kendal Rugby Union Football Club Just off Shap Road.

Our Indoor venue is Kirkland Parish Hall, Kendal.

Contact

To find out more, look on www.kendalbowmen.co.uk . Places are limited to 12 people per course. Book now!!

Kendal Bowmen

Title..... Name.....

Address.....

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Post Code..... Telephone.....

Mobile..... E-mail.....

Left or Right Handed.....

Height.....

Date of Birth (if under 18)..... *The parents or guardians of under 18's must sign the consent section of this form.*

Parental Consent: I the undersigned hereby consent to the above named person joining a beginners course in archery with the Kendal Bowmen. I confirm that I am the applicants Parent/Guardian.

Signed..... Date.....

Please list below and Disabilities, learning or medical conditions, which you believe may affect your ability to take part in archery. (This information will be treated in absolute confidence and will only be used by your coach to determine the most appropriate equipment and teaching styles to suit your personal needs).

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Declaration: I hereby apply to join a beginner's course in archery with The Kendal Bowmen Archery Club and confirm that I have read and understood the beginners course terms and conditions.

Signed..... Date.....

Please return this form via email to markgillridesabike@yahoo.co.uk or by snail mail to: Mark Gill

Grassgarth House, Haverthwaite, Ulverston, LA12 8PE.

Terms and Conditions

- An application form must be completed before starting the course. All medical disclosures relevant to the sport of archery must be indicated at that time.
- All course fees must be paid in full by the start of the second lesson
- Beginners course fees are non-refundable
- Beginners course fees do not entitle you to membership of the Kendal Bowmen
- All coaches and shooting will be strictly in accordance with GNAS rules, regulations and practice. Any contravention of shooting or safety rules will result in immediate suspension from the lesson.
- The Kendal Bowmen retain the right to refuse further access to the beginner's course if students persistently disobey the safety instructions or the rules of shooting.
- The Kendal Bowmen cannot accept any responsibility for damage or injury sustained whilst entering or leaving the venue.